## Reactions

## General reactions

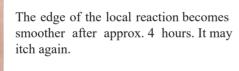
Especially at the beginning of the therapy the body temperature may increase more than usual and a local inflammatory reaction may develop at the injection site after the injection of HELIXOR. This local inflammatory reaction can largely vary in terms of size or may not develop at all.

## Local inflammatory reaction



Distinct skin reddening directly after the injection.

A mild local inflammation may develop around the injection site. This appears as distinct reddening of the skin with blurred edges. Itching may develop at the same time.



Typical picture of a local reaction 4 hours after injection.



Typical picture of a local reaction 10 hours after injection

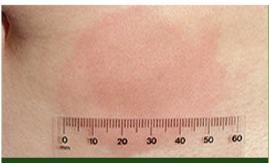
10 hours after the injection the edge of the local reaction has become flatter and slowly disappears. The reddened area may expand further.

## Injection check list

- Please follow the sequence of injections if you were give a series box (ampule number in the box). See the Helixor Dosing Guide document for important details.
- Briefly warm the ampules in the hand before use.
- Make sure that no air bubbles are left in the syringe before the injection. \*\*A
  couple of tiny bubbles are fine to inject because it's going into the fatty tissue.
  The body will absorb the bubbles.
- Disinfect the injection site with an alcohol swab.
- Rapidly insert the needle into the skin at a 45-60 degree angle.
   \*\*Too shallow will cause excessive reaction and too deep can cause hard nodules that may linger for weeks.
- Inject the mistletoe slowly and evenly.
- After the syringe is empty, wait 3 seconds pull it out very slowly to prevent seepage.
- Then press your alcohol swab on the injection site for a few seconds. If minor bleeding occurs, you can apply band-aid.
- Put the syringe in a plastic bottle that has a cap; when bottle is full, cap it and discard in trash.
- Please contact us if you have any questions.



The first injection should be given in the doctor's practise where the treating physician will explain how and where to inject the mistletoe extract and what elso you need to consider. The needles used to inject the mistletoe extract are very fine – the prick when pricking the needle is hardly noticeable.



After injection, the skin reddens around the injection site and usually may swell slightly or possibly itch. This is not an undesirable reaction, but a desired one — it indicates that the immune system is responding. However, the redness should not be larger than approx.

5 cm – otherwise the dose may be too high.